



2016 GRAN FONDO WORLD CHAMPIONSHIPS

REGULATIONS



Qualification

Riders have to qualify in one of the UCI Gran Fondo World Series qualifier events to go to the UCI Gran Fondo World Championships

- Each UCI Gran Fondo World Series event will grant participation rights for the UCI Gran Fondo World Championships. By the end of each race, the first 25% athletes of each age group, with a minimum of 3 riders per age group, will be awarded with guaranteed entry to the World Championships and be able to race for the World Champion title. The winners of the slots will be announced on the UCI Gran Fondo World Series website.
 - o Qualifier events hosting only a road race will grant participation rights for both the Road World Championships and Time Trial World Championships.
 - o Qualifier events hosting a separate time trial and road race will grant the participation rights for the Time Trial World Championships in the time trial qualifier and for the Road World Championships in the road race qualifier.
- In addition, riders who participate in 3 qualifier events during the season will also get their ticket to the World Championships. They don't have to finish in the first 25%.
- Registrations for the World Championships are only possible via a registration form on the website. The UCI Gran Fondo World Series will keep records of the 50% first athletes of each age group to make a recall, in order to allocate the slots for the World Championships that were not taken by the first 25%.

Wildcards

There are 5 different types of wildcards to participate directly in the World Championships without qualification

- Defending World Champions are qualified automatically, also for the discipline in which they didn't become World Champion.
- All UCI Gran Fondo World Series qualifier events get 5 wildcards per organized discipline that they can use for riders who would normally have qualified but didn't make it due to circumstances (crash, mechanical problems...). These wildcards can be used for anybody.
- All countries not hosting a qualifier event get 10 wildcards (5 males/5 females) for their best riders. The wildcards are being distributed by the National Federations. These 10 wildcards can be used by 10 different riders who can use them to take part in the road World Championships, the time trial World Championships or both disciplines.
- All countries hosting a qualifier event can send their Masters National Champions (road/time trial) without qualification.
- The host country can send an additional 20 riders. One wildcard can be used for one discipline or both disciplines and the wildcards are distributed by the National Federation.

Licenses

Riders need a license from a UCI affiliated cycling federation in order to participate in the UCI Gran Fondo World Championships

- Master license
- Amateur license
- Cycling for all license
- Elite license with exception of:
 - a) Any rider who has during the current year been a member of a team registered with the UCI.
 - b) Any rider who has taken part in a world championships, the Olympic games, continental championships or games, regional games, the Commonwealth games, or a World Cup during the current year.
 - c) Any rider has UCI points in any cycling discipline at the moment of the World Championships.

The license doesn't need to be an international license. A national license from a UCI affiliated Cycling Federation is valid. It's the rider's responsibility to check if his license is covering him for races abroad. As the rider has a race license, an additional medical certificate is not required.

Age groups

The World Championships are being organized in 8 different age groups, for both women and men:

Age groups:

- 19 – 34y
- 35 – 39y
- 40 – 44y
- 45 – 49y
- 50 – 54y
- 55 – 59y
- 60 – 64y
- +65y

A separate age category above 70, 75... with official jersey and medals will be organized if more than 6 riders register, otherwise these age groups will be merged with the age groups below. The 8 titles of the official age groups are always awarded, even if less than 6 riders register.

For the age groups, you count the age that the rider will have at the 31st of December of the year of the event.

Specific race regulations

Different age groups start at different start times in the road race. If age groups merge, they can ride together. Drafting is allowed in the road race, NOT in the time trial. It is forbidden for certain riders to wait for a friend/teammate or partner in a later startgroup to help him/her. Especially men waiting for their wife who started in the later start will be taken out of the race.

There will be a broom car behind the last rider in the race. If you are very far behind, please be aware that the roads might be open and that you have to respect the traffic regulations. You will still be ranked!

Team Relay

The Team Relay isn't an official World Championships.

- Teams of 4 riders
- On a short city circuit of a few kilometers, a few laps (tbd) per rider.
- Relay by entering the relay zone.
- All riders have to be of the same nationality wearing the same national jersey
- More than one team per country is allowed.
- All riders have to be qualified officially in one of the qualifier events
- At least one female and one male rider per team
- Teams are formed by riders from the following age categories
 - o One female rider any age
 - o One rider any age
 - o One rider age 40+
 - o One rider age 50+
- Award ceremony with medals for the first three teams and a jersey for the winning team.

All riders from the team relay are expected to come to the team relay briefing.

The startorder per teams is the decision of each team and can be part of a tactical game. The first rider of each team will be placed at the start line where all first riders start together at the starting hour covering x laps per rider. All riders have to take a chicane on every passage at the finish line. After x laps, instead of going back on the course in the chicane, riders have to enter the relay zone. From the moment the rider crosses the relay zone line, the next rider of that team can start his four laps.

After the last relay, the first rider in the race will go straight over the finish line after his last lap to finish

Bikes

All bikes have to comply with the UCI regulations on bike measurements. There will be a bike check before the start of the Time Trial for all riders.

Brief summary of the bike regulations:

- The minimum weight of the bike shall be 6.8 kilograms (without bottles)
- The peak of the saddle shall be a minimum of 5 cm to the rear of a vertical plane passing through the bottom bracket spindle. For morphological reasons, the rider may request to place the peak of his saddle up to 0cm from the bottom bracket axle.
- For time trials, a fixed extension may be added to the steering system; in this instance, the height difference between the elbow support points and the highest and lowest points of the handlebar extension (including gear levers in the most vertical position) must be less than 10 cm.
- The distance between the vertical line passing through the bottom bracket axle and the extremity of the handlebar may not exceed 75 cm. For morphological reasons, the rider may request to place the extensions up to 80cm from the bottom bracket axle. In any case, the rider must choose between positioning the saddle to 0cm, or place the extensions up to 80cm, because only one morphological exception is granted.
- For a rider who is 190cm tall or taller, it is possible to place the extensions up to 85cm. In that case, it is necessary to present itself to the Commissaires' Panel sufficiently in advance before the start of the race, in order that the commissaires proceed to a verification of the size of the rider.
- The plane passing through the highest points at the front and rear of the saddle shall be horizontal. The length of the saddle shall be 24 cm minimum and 30 cm maximum

Mechanical assistance

The organizer provides neutral support in the race. As there are 16 different age groups, not all age groups will have their own support vehicle behind the peloton, but there will be sufficient support. At least one neutral support car will follow each start group, but will stay in front of the peloton at the start and will be positioned after a break later in the race to protect the riders who are battling for the World Title.

It's forbidden to have your team or private vehicle in the race or following you during the time trial. The organizer provides neutral support at different spots on the side of the road during the time trial.

With the number of participants, it's impossible to have everyone's spare set of wheels in the neutral support cars. The neutral support cars have foreseen all different gear systems.

Timekeeping and ranking

All riders get a timing chip at registration. This timing chip needs to be carried during the race for all disciplines: time trial, road race and/or team relay. A rider who doesn't carry the chip is disqualified.

Jerseys

National team jerseys are mandatory. This doesn't have to be the official elite team jersey of your country (as certain countries don't sell these jerseys), but the jersey has to represent your country.

- Most countries sell national jerseys in bike shops or over the internet;
- If you don't know where to get a jersey, please contact your national federation;
- You are also entitled to have your own jersey designed if you respect the following rules:
 - o It should be in the colors of the national team
 - o It should preferably have the name of the country displayed on the jersey or a flag of the country.
 - o Private (club) sponsors are allowed
 - o If you are unsure about the layout, please have your design approved by mailing to info@ucigranfondoworldseries.com

Forbidden is:

- World Champion jersey from the year before
- UCI Gran Fondo World Series qualifier age group winner jersey
- Rainbow design on the national team jersey
- Rainbow design on sleeves and collar
- Rainbow design on the bike
- Rainbow design on the helmet.
- Sleeveless shirts, triathlon suits (without sleeves)
- Compression socks

Number plate and back number

Different age groups will get different colored back numbers.

The number plate (if applied by the organizer) has to be attached to the handlebars and not like a photofinish plate between the tubes or under the seatpost. If the organizer decides to produce number plates, these have to be placed on the bike.

Signage

All signage of the World Championships course will be marked at least the Wednesday before the event so that riders can train on the course.

Awards Ceremony

The first three riders (women and men) will be called to the podium for the official UCI award ceremony. The schedule for the award ceremony will be announced in the weeks before.

During the ceremony, it's forbidden to wear hats, sunglasses, open shoes and riders have to be in cycling outfit.

Not showing up for the Podium Ceremony will be penalized with a fine!

The new World Champion will get the official UCI World Champion jersey. He or she will get a mail from the UCI to have his/her jersey approved with the publicity of his sponsors. This publicity is subject to regulations which will be provided by mail.

All three riders will get their respective medal on the podium (gold, silver, bronze) and the national anthem of the country of the winner will be played.

Safety

Helmet: the wearing of a helmet is mandatory

Medical certificate: riders need to have a license in order to participate. A license can only be achieved after a medical exam, so bringing a separate medical certificate is not necessary.

Insurance: the organizer has an accident and third party liability insurance which insures all participants for third party liability. In case of a race accident between riders, the license of the rider will cover the medical costs. Mechanical damage is often not covered by a rider's license. It's the rider's responsibility to check if his license covers him for races outside his country.

First aid: a number of medical assistance vehicles will be following the race. There will also be a first aid post at the start and finish area.

Information on the reverse side of the race numbers: the organizer produces race numbers which will include on the reverse side a form to be completed. All participants need to complete this form as well as to inform doctors so that they are aware that this vital information is available. The minimum information required by the UCI, which shall be written on the reverse side of the race numbers, is as follows:

- Last name and first name

- Blood group
- Present physical condition (asthma, diabetes, allergy(ies), epilepsy, etc.)
- Any current medication
- Last name, first name and telephone number (with national dialing code) of the emergency contact.



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